

CUMANN LUTHCHLEAS GAEL



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Kilmeena GAA Club Injury & Physiotherapy Policy 2024

Injuries:

If a player is injured during a game or at club training, they should:

- Inform their manager immediately and an incident form should be completed by the manager.
- The Manager should refer the player to one of the club physios for assessment and should notify the club physio of the injury.
- If the club physio refers the player to another medical specialist, the player/parent must inform their manager and the club secretary, as a GAA player injury claim may need to be raised.
- All medical expenses should initially be claimed against the player's private health insurance if applicable.
- All original receipts must be retained and provided to the club secretary in the event of a GAA player injury fund claim.

Physio Sessions:

- The club will only pay physio costs where the player has been referred for physio by their team manager.
- The manager must notify the club physio, verbally or by WhatsApp, in advance of the player booking an appointment.
- Managers should only refer players who have an injury resulting from club games/training.
- Injuries sustained outside of club activities will not be covered by the club.
- Players should attend sessions with the club physios (John Reilly/Julie Moore) where possible.
- The club will pay up to €50 for an initial physio assessment and a treatment plan will be given by the club physio if required.
- The club physio should liaise with club officers (Treasurer/Chairperson /Secretary) if the treatment plan is for a serious or on-going issue.
- If another physio is used, the manager should notify one of the club officers (Treasurer/Chairperson/Secretary) in advance of any treatment plan commencing. A maximum of €50 per session will be reimbursed following approval by a club officer.